## What It Means To Be Spiritual

**Introduction:** Romans 8:5-6 We must develop spiritual mindedness or we are dead!

## What Being Spiritual Is NOT:

- 1. Asceticism Denying self all pleasure; being severe to the body (Colossians 2:20-23). Many religious people who take vows of poverty, fast and deprive themselves of marriage, or have a martyr complex are not spiritual.
- 2. Mysticism This is "spiritualism" and includes witchcraft, mediums, the occult and is condemned in many places in the Bible, eg. Acts 19:19
- 3. Isolationism Separation from all of the world physically, eg. monks, nuns, monasteries, etc. We are to be the salt of the earth and the light of the world. (Matthew 5:14-16)
- 4. A Religious Lifestyle Simply being morally clean, a regular church-goer, etc. does not automatically translate into spirituality. See I Corinthians 3:1-4

## What Being Spiritual IS:

- \* Reaching Up To God's Plane John 4:23-24
- 1. Realizing your dependency upon God for complete revelation (I Corinthians 2:9-16)
- 2. Respecting God's authority in every area of life (Colossians 3:17)
- 3. Realizing God's ownership and your stewardship of all things (I Peter 4:10)
- 4. Doing all things to God's glory (I Peter 4:11)
- 5. Seeing value of spiritual things above the material (Matthew 16:26)
- 6. Being moved by divine purposes, ie. preaching Christ, living Christ, and suffering for Christ. (Galatians 2:20)
- 7. Bearing the fruit of the Spirit (Galatians 5:22-6:1)

## Let's Get Spiritual

- 1. A gradual growth process I Corinthians 3:1-3
- 2. Be filled with the Spirit Ephesians 5:18
- 3. Have no fellowship with evil Ephesians 5:11-12